



Cave Hill Creek
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SAMPLE MENU FOR SCHOOL GROUPS

BREAKFAST

Fruit Juices:	Orange, Apple
Cereal:	Cornflakes, Vitabrits, Toasted Muesli, Rice Bubbles
Fresh Fruit:	Bananas, oranges, apples & fruits in season.
Canned Fruit:	Peaches, Pears and Plums (in natural juice).
Toast:	White or Multigrain bread with vegemite, jam or marmalade
Pancakes:	With maple syrup (For camp outs or camps of 3 or 4 night duration)

LUNCH

Make your own Sandwiches or Rolls:	Multigrain & White Bread or mixed rolls, Fillings: Ham, Corned beef, Strasbourg, Turkey, Cheese, Tomato, Lettuce, Beetroot, Mayonnaise, Sauce.
BBQ: Make your own Hamburgers:	Beef burgers, Sausages, with tomato, lettuce, beetroot, cheese or Coleslaw.
Hot dogs:	Hot dogs served with grated cheese & sauce.

DINNER

MAIN COURSES:

Lasagne (Meat or Vegetable) served with tossed green salad, chat potatoes & crusty French bread stick.
Fish (crumbed portions) served with french fries & vegetables or coleslaw & rice salad.
B.B.Q. marinated chicken served with tossed green salad or coleslaw and baked potatoes.
Roast chicken served with vegetables or salad.
Jacket baked potatoes served with sour cream, grated cheese, coleslaw, ham, corned beef or chicken.
Freshly baked meat pie or vegetable pasties served with french fries & vegetables or mashed potato & vegetables.
BBQ sausages served with french fries & vegetables or mashed potato & vegetables
Vegetarian options: vegetable lasagne, spicy vegetable fillos, vegetarian quiche, vegetable pasties, vegetarian burgers.

DESSERTS:

Fresh fruit Salad with ice-cream.
Apple Pie with cream or ice-cream.
Baked Pear Crumble with cream or ice-cream.
Pancakes with maple syrup & ice-cream.
Cheesecake served with cream of muffins
Chocolate cake served with cream or ice-cream.

MORNING, AFTERNOON BREAK, SUPPER

Cordial, Tea, Coffee, Milo, Biscuits and Fresh fruit as required. Quik available for gluten-free diets.
Freshly baked muffins: chocolate, chocolate chip, apple and cinnamon, blueberry
Sponge birthday cakes, sponge rolls, lamingtons, as required or a special treat to celebrate the event!
Muesli bars can be included for packed lunches, or for long bushwalks or outdoor activities.

SPECIAL DIETARY REQUIREMENTS

We can obtain foods to cater for vegetarian, halal, gluten free and dairy free diets.

All special dietary information needs to be returned with the Response Form by the date requested to allow us to order the food in time for your visit.

When there are very strict dietary requirements we are happy to prepare simple meals.

We welcome "can and can't eat" notes which will be attached to menu notes for our kitchen staff, however we encourage children who do not have special dietary requirements to eat what is served.