

CAVE HILL CREEK MENU OPTIONS FOR SCHOOL GROUPS



BREAKFAST

Fruit Juices:	Orange, apple
Cereal:	Cornflakes, Vitabrits, toasted muesli, Rice Bubbles, (porridge if requested)
Fresh Fruit:	Bananas, oranges, apples & fruits in season
Canned Fruit:	Peaches, pears and plums (in natural juice)
Toast:	White or multigrain bread with vegemite or jam
Pancakes:	with maple syrup, fruit & orange juice

LUNCH

Sandwiches or Rolls:	Multigrain & White Bread.
Choice of fillings:	Ham, Corned beef, Strasbourg, cheese, tomato, lettuce, beetroot, mayo, sauce
B.B.Q.:	Hamburgers and sausages, with tomato, lettuce, beetroot, cheese & tomato sauce or coleslaw & tomato sauce
Hot dogs & Soup:	Hot dogs served with grated cheese & sauce. Soup: Cream of chicken, tomato, pumpkin or vegetable

DINNER

MAIN COURSES:

Lasagna (Meat or Vegetable):	served with tossed green salad, herb-baked potatoes & crusty french bread stick with french fries & vegetables or coleslaw & rice salad
Fish (crumbed portions):	served with tossed green salad and potatoes
B.B.Q. chicken:	served with tossed green salad and potatoes
Roast chicken:	served with vegetables or salad
Jacket baked potatoes:	served with sour cream, grated cheese, coleslaw, ham, corned beef or chicken
Freshly baked meat pie or vegetable pastie:	served with french fries & vegetables or mashed potato & vegetables
Sausages BBQ:	served with french fries & vegetables or mashed potato & vegetables
Vegetarian options:	fresh vegetable lasagna, spicy vegetable fillos, pasta, risotto, vegetable burgers

DESSERTS:

Fresh fruit Salad:	with ice-cream
Apple Pie or Baked Pear Crumble:	with cream or ice-cream
Pancakes:	with maple syrup & ice-cream

Other options include apple danish, trifle slice, cheese cake slice or vanilla slice served with cream or fruit, or ice-cream in a cone with variety of toppings. Birthday cakes as required or a special treat to celebrate the event!

MORNING, AFTERNOON BREAK, SUPPER

Cordial, Tea, Coffee, Milo, Biscuits and Fresh fruit as required. Quik available for gluten-free diets.

SPECIAL DIETARY REQUIREMENTS

- **We can obtain foods to cater for vegetarians, gluten and dairy free diets** – please advise on your Response Form.
- We do not serve food that contains nuts.
- **When there are very strict dietary requirements, i.e., for conditions that are life-threatening or for vegans, we request that food is sent to camp. We are happy to prepare simple meals.**
- We welcome “can and can’t eat” notes which will be attached to menu notes for our kitchen staff. However, we encourage children who do NOT have special dietary requirements to eat what is served.
- All special dietary information needs to be returned with the Response Form by the date requested to allow us to order the food in time for your camp.